AI at school: the short version

1. **Check the label.** Every task has an AI level from 0 to 3. No label? Ask before you use AI.
2. **Do the thinking yourself.** AI can explain, quiz you and give feedback. The ideas and the final words are yours.
3. **Say what you used:** the tool, the date and what for. Keep your prompts.
4. **Check it.** AI gets facts wrong and invents sources. You are responsible for what you hand in.
5. **Keep it private.** No names, photos or personal details about you or anyone else.
6. **Be decent.** No fake images, audio or video of real people, and nothing cruel or sexual. The school treats this very seriously.
7. **In exams and tests under exam conditions: no AI.** In coursework: only what your teacher and the exam board allow, and always declared.
8. **Worried about something AI showed you, or something made about you?** Tell a teacher you trust. You won't be in trouble for asking.

The four levels

0 No AI

Your own work from start to finish. No AI tools at any stage.

1 AI to prepare

Use AI to explore the topic, get explanations or quiz yourself. Nothing AI-made goes into what you hand in.

2 AI to improve

Make your own version first. Then AI may give feedback or help with wording. Say what you used and how.

3 AI as part of the task

The task asks you to use AI. Show your prompts and judge what it gave you.